Prostate care is very important for any man over the age of 40. For male wellness, the Male Support Regimen includes nutraMetrix® Prostate Health Formula, nutraMetrix® Prime™ Prostate Defense Formula, nutraMetrix Prime Time Performance Formula for Men, nutraMetrix Prime Balance, nutraMetrix Prime Factor Human Growth Factor Formula for Men, nutraMetrix Isotonix® Resveratrol and nutraMetrix Ultra Prime Secretagogue. This is the male supplement regimen designed with the maturing man in mind and offers a host of benefits including maintenance of proper urinary function, promotion of healthy erectile quality, increased calcium intake, normal growth and repair of cells, and programmed cell death of unhealthy cells.*

**Products**
1. nutraMetrix® Prostate Health Formula
2. nutraMetrix® Prime™ Prostate Defense Formula
3. nutraMetrix® Prime™ Time Performance Formula for Men
4. nutraMetrix® Prime™ Balance
5. nutraMetrix® Prime™ Factor Human Growth Factor Formula for Men
6. nutrametrix Isotonix® Resveratrol
7. nutraMetrix® Ultra Prime Secretagogue

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix® Prostate Health Formula

Directions for use: As a dietary supplement, take 2 tablets daily with at least 8 fluid ounces of water. This product is best if taken 30 minutes before a meal.

Note: For adult male use only. If you are currently using prescription drugs, or if you have an ongoing medical condition, consult your healthcare provider before using this product.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place and protect from light. Do not use if safety seal is broken or missing.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts
Serving Size: 2 Tablets
Serving Per Container: 30

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<tr>
<th>Nutrient</th>
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<tbody>
<tr>
<td>Zinc Citrate</td>
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<tr>
<td>Selenium (as Selenomethionine)</td>
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<tr>
<td>Saw Palmetto (Serenoa repens) [Benj]</td>
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<tr>
<td>Pygeum africanum Bark Extract (Standardized)</td>
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<tr>
<td>to contain 10% Beta-Sitosterol and 0.3% Dihydrotestosterone</td>
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<tr>
<td>Prostate Health Proprietary Blend</td>
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<td>San Qi Ginseng (Panax notoginseng)</td>
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<td>Dyer’s Wood (Ilex aquifolium)</td>
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<tr>
<td>Baikal Skullcap (Scutellaria baikalensis)</td>
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<tr>
<td>Reishi (Ganoderma lucidum)</td>
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<tr>
<td>Rhusbobosia (Rhusbobosia pubescens)</td>
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<tr>
<td>Licorice (Glycyrrhiza uralesiis Fisch)</td>
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* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) is not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium and dicalcium phosphate.

Manufactured for and distributed by:
nutraMetrix® Custom Health Solutions
130 Pleasant Ridge Road, Greensboro, NC 27409

Best when used by:

REV 0611
Primary Benefits*
• Helps maintain proper urinary function
• Helps support cardiovascular health
• Promotes a healthy prostate
• Promotes healthy cell function
• Supports a healthy immune system
• Supports male libido

What Makes This Product Unique?
The use of herbs to promote prostate well-being is increasingly popular in Europe with several successful clinical trials. The key to selecting
a natural alternative to prostate care is to look for herbs and nutrients that work in concert like saw palmetto, reishi, zinc and selenium.
nutraMetrix Prostate Health Formula combines nine potent herbs and two select nutrients that work synergistically to promote optimal
prostate health. Each of these ingredients on their own, while valuable to your overall health, would not have a significant effect on your
prostate. They need to be carefully selected and in just the right quantity to work collectively to benefit the prostate.*

In addition to having a significant effect on overall prostate health, studies have shown that selenium, one of the essential minerals in
nutraMetrix Prostate Health Formula, promotes overall prostate health. Other potent herbs and nutrients in nutraMetrix Prostate Health
Formula help to maintain healthy prostate cells, support male libido and support a healthy immune system. nutraMetrix has taken the time
in creating nutraMetrix Prostate Health Formula to ensure that the selected herbs and nutrients will support the health of the prostate and
effectively optimize overall health.*

Frequently Asked Questions
What are the key ingredients of nutraMetrix Prostate Health Formula?
Key ingredients in nutraMetrix Prostate Health Formula include reishi, baikai skullcap, dyer’s woad, saw palmetto, san-qui ginseng,
chrysanthemum, pygeum, rhabdosia, licorice, selenium and zinc, which have all been shown to be effective in promoting a healthy
prostate.*

Does nutraMetrix Prostate Health Formula support male libido?
Saw Palmetto has been shown to promote male libido. While nutraMetrix Prostate Health Formula is not specifically designed as a
performance and libido supplement, the presence of saw palmetto may help support male libido. If you are interested in promoting sexual
health, you may want to consider nutraMetrix Prime Time Performance Formula for Men.

Is nutraMetrix Prostate Health Formula only for older men?
No. nutraMetrix Prostate Health Formula is designed for adult men of all ages. The ingredients in nutraMetrix Prostate Health Formula
would be beneficial for all men. Men should promote prostate health throughout life.*

Are there any use restrictions for nutraMetrix Prostate Health Formula?
Yes. nutraMetrix Prostate Health Formula is for adult men only. Seek advice from a healthcare provider prior to use if you suffer from a
chronic condition or if you are taking medication.

How do I take nutraMetrix Prostate Health Formula?
As a dietary supplement, take two tablets daily with plenty of water. It’s best when taken 30 minutes before the morning meal.

For additional information on nutraMetrix products, visit your Health Professional’s nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutritionist® Prime™ Prostate Defense Formula

Prime™ Prostate Defense Formula is a comprehensive formula which helps support both prostate size and function.

Directions for use: Take 2 capsules daily.

WARNING: If you are currently taking warfarin (Coumadin), other antplatelet/anticoagulant drugs, antihypertensive drugs, lithium, sedatives, or any prescription drugs, you should consult your healthcare provider before using this product. If you have an ongoing medical condition, you should consult your healthcare provider before using this product.

KEEP OUT OF THE REACH OF CHILDREN.
Protect from heat, light and moisture. Store at 15-30°C (59-86°F). Do not use if safety seal is broken or missing.

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 30

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<th>Ingredient</th>
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<tr>
<td>Zinc (Citrate)</td>
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<tr>
<td>Saw Palmetto Extract (45% Fatty Acids)</td>
<td>640 mg</td>
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</tr>
<tr>
<td>Stinging Nettle Root Extract</td>
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<td>**</td>
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<tr>
<td>(0.8% Total Sterols)</td>
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<tr>
<td>Pumpkin Seed Extract (4:1)</td>
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<tr>
<td>Plant Sterols (min: 40% Beta Siestradiol)</td>
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<tr>
<td>Leucosellect®-Grape Seed Extract (95%</td>
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<tr>
<td>Polyphenols)</td>
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<tr>
<td>Dyer's Wood Root Extract (15:1)</td>
<td>40 mg</td>
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* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value is not established.
*** Leucosellect is a registered trademark of Indena S.p.A.

Other ingredients: Gelatin, dicalcium phosphate, magnesium stearate and silica.

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix® Prime™ Prostate Defense Formula

**Primary Benefits***
- Helps maintain normal, healthy prostate size and function
- Promotes healthy blood flow
- Helps maintain proper urinary function
- May help inhibit mild inflammation associated with the aging process
- May help minimize negative effects of the hormone dihydrotestosterone (DHT) within the prostate

**What Makes This Product Unique?**
The prostate gland plays a critical role in men's health. Maintaining optimal prostate health is essential in maintaining overall health and quality of life. Nearly 90 percent of men will experience some form of prostate discomfort. It is critical for men to take steps to promote optimal prostate health throughout their lives. Take the next step to a healthier prostate with nutraMetrix Prime Prostate Defense Formula.*

nutraMetrix Prime Prostate Defense Formula’s unique formulation helps to maintain optimal prostate size and function, and helps to inhibit mild inflammation associated with the aging process. It may also help to minimize the negative effects of dihydrotestosterone (DHT), a hormone which impacts prostate health. nutraMetrix Prime Prostate Defense Formula also works to induce cell death in unhealthy cells and provides antioxidant protection. There are several unique components that impact overall prostate health and, unlike many other prostate products on the market, nutraMetrix Prime Prostate Defense Formula addresses each of them through its powerful combination of scientifically proven ingredients, including the patented grape seed extract, Leucoselect®. Leucoselect’s well defined chemical composition provides greater absorption and increased activity in the body than standard grape seed extracts.*

**Frequently Asked Questions**

Is nutraMetrix Prime Prostate Defense Formula only for older men?
No. nutraMetrix Prime Prostate Defense Formula is designed for adult men of all ages. The ingredients in nutraMetrix Prostate Defense Formula would be beneficial for all men. Men should promote prostate health throughout life.*

Are there any use restrictions for nutraMetrix Prime Prostate Defense Formula?
Yes. If you are currently taking warfarin (Coumadin), other antiplatelet/anticoagulant drugs, antihypertensive drugs, lithium, sedatives, or any prescription drugs, you should consult your healthcare provider before using this product. If you have an ongoing medical condition, you should consult your healthcare provider before using this product.

How do I take nutraMetrix Prime Prostate Defense Formula?
As a dietary supplement, take two tablets daily with plenty of water. It’s best when taken 30 minutes before the morning meal.

For additional information on nutraMetrix products, visit your Health Professional’s nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix® Prime™ Time Performance Formula for Men

**Directions for use:** Adult males take 2 tablets daily.

**WARNING:** For use by adult males only. Women should not take this product. If you are currently taking warfarin (Coumadin), other anti-platelet aggregation medications, Viagra, Cialis, Levitra, antibiotics, methyltestosterone, penicillamine, Risedronate, Trazodone or medication used to control blood sugar, consult your physician before using this product. You should not use this product if you have a history of hypotension, benign prostate hyperplasia (BPH), bleeding disorders, epilepsy or peptic ulcers. If you are taking any other prescription medication or have an ongoing medical condition, consult your physician before using this product.

**KEEP OUT OF THE REACH OF CHILDREN.** Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not use if seal is broken.

**Supplement Facts**

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<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
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<th>Ingredient</th>
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<td>Zinc (as zinc arginate)</td>
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<tr>
<td>Horny Goat Weed (Epimedium extract) (10% flavonoids as Icarin) (whole plant)</td>
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<tr>
<td>Tribulus terrestris extract (45% luranasterol) (fruit and stem)</td>
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<tr>
<td>Korean ginseng root extract (10% ginsenosides)</td>
<td>300 mg</td>
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</tr>
<tr>
<td>Schizandra berry and seed standardized extract (9% schizandrin)</td>
<td>250 mg</td>
<td>**</td>
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<tr>
<td>Ginkgo biloba leaf extract (24% ginkgo flavonol glycosides, 6% terpene lactones)</td>
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* Percent Daily Values are based on a 2,000-calorie diet. ** Daily Value is not established.

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and pharmaceutical glaze.

* This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
What Makes This Product Unique?
The natural effects of aging on your body and mind can have serious consequences on your quality of life. A slowing metabolism and a decreased sexual appetite are just a couple of the realities that will affect you as you age. Our bodies constantly adjust to the environment by interpreting signals sent to the brain. The hypothalamus area of the brain functions as the command center and sends hormonal signals to the pituitary gland. In response to hypothalamic signals, the pituitary gland sends out hormones to numerous tissues throughout the body to stimulate and fine-tune their activity.

Given the combination of aging and stresses of modern life, men often experience a decrease in sexual desire, stamina and performance. nutraMetrix Prime Time Performance Formula for Men is a herbal supplement for male libido. nutraMetrix Prime Time Performance Formula for Men works via several mechanisms to support healthy male libido and sexual function. The ingredients have been shown to help the body maintain normal levels of testosterone (libido) and nitric oxide (erectile quality). These ingredients help to promote healthy erectile quality and support overall sexual activity and performance.*

Frequently Asked Questions
How should I take nutraMetrix Prime Time Performance Formula for Men?
nutraMetrix Prime Time Performance Formula for Men should be taken on a daily basis. As the directions indicate, take one tablet twice daily.

What other nutritional supplements could augment the biological effects of nutraMetrix Prime Time Performance Formula for Men?
nutraMetrix Ultra Prime™ Secretagogue, nutraMetrix Isotonix OPC-3®, nutraMetrix Heart Health™ Advanced Co-Q10, the nutraMetrix Heart Health™ System and nutraMetrix Advanced Level 90°.

How do each of the ingredients in nutraMetrix Prime Time Performance Formula for Men work?
Epimedium (horny goat weed) promotes normal levels of testosterone, supports healthy male libido and promotes healthy blood vessel dilation. Schizandra is known for its ability to promote normal levels of nitric oxide (an important component of erection physiology), energy and endurance. Korean ginseng has been shown to promote sexual desire and support normal erectile quality by promoting normal nitric oxide synthesis. Tribulus terrestris supports normal erections by promoting normal levels of lutenizing hormone (LH), which promotes normal testosterone levels. Ginkgo biloba promotes normal blood circulation to erectile tissue and supports normal sexual desire. Zinc promotes normal testosterone levels, sperm count and sperm motility.

What are the warnings for nutraMetrix Prime Time Performance Formula for Men?
For use by adult males only. Women should not take this product. If you are currently taking warfarin (Coumadin*), other antiplatelet aggregation medication, Viagra, Cialis, Levitra, antibiotics, Methyldesoxosterone, Penicillamine, Risedronate, Trazodone, or medication used to control blood sugar, consult your healthcare provider before using this product. You should not use this product if you have a history of hypotension, benign prostate hyperplasia (BPH), bleeding disorders, epilepsy or peptic ulcers. If you are taking any other prescription medication or have an ongoing medical condition, consult your healthcare provider before using this product.

Are there other ways to improve my sexual health?
The best way to improve any aspect of your health is to eliminate bad habits such as smoking and excessive drinking. Give yourself a better diet and exercise regularly. While you’re working on healthier living overall, adding a male-enhancement supplement can help support your sexual health.

Who should use nutraMetrix Prime Time Performance Formula for Men?
This product is designed for men reaching their prime years who want to maintain normal sexual activity. nutraMetrix Prime Time Performance Formula for Men has been shown to promote healthy male libido and erection quality. Anyone concerned with maintaining normal sperm count and sperm quality should consider adding nutraMetrix Prime Time Performance Formula for Men to their daily routine.*

Can women take nutraMetrix Prime Time Performance Formula for Men?
No. nutraMetrix Prime Time Performance Formula for Men is designed exclusively for adult males and should not be taken by women. Women looking to support sexual health should consider nutraMetrix Prime Time Female Libido Formula.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Prime™ Balance is for postmenopausal women and older men who have low bone density. Prime Balance is designed to help support calcium absorption and retention, maintain bone health and density, and support normal bone mineralization.¹

Directions for use: Mix 1 scoop with 6 fl. oz. of water twice daily, once in the morning and once in the evening.

WARNING: People with a confirmed sensitivity to inulin (fructo-oligosaccharides) or chicory should not use this product. If you are currently taking tamoxifen (Nolvadex) or estrogen therapy, consult your healthcare provider before using this product. If you have had renal failure, estrogen-sensitive cancer or hypothyroidism, you should not use this product. If you are taking any other prescription drugs or have an ongoing medical condition, you should consult your healthcare provider before using this product. Take this supplement separately from prescription medications. Women who are pregnant or breastfeeding should not take this product.

Store tightly sealed in a cool, dry location. KEEP OUT OF THE REACH OF CHILDREN.

¹These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix® Prime™ Balance
Bone Maintenance Formula

Primary Benefits*
• Supports bone maintenance
• Helps maintain normal bone structure
• Promotes normal bone mineral density
• Promotes absorption and retention of calcium and magnesium
• Promotes bone strength in the elderly
• May contribute to normal bone density
• Promotes healthy growth of beneficial bacteria in the colon
• Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

What Makes This Product Unique?
The bones provide the body with structure, shield organs and store calcium. Bone structure often weakens with age. Optimal bone health may be promoted by maintaining adequate levels of bone strength and mass, and through the body's absorption and retention of the proper amount of calcium.

nutraMetrix Prime Balance Bone Maintenance Formula is designed for postmenopausal women and older men. Enhanced with Bonistein™, a pure (95 percent) genistein produced in Switzerland by a patented process, nutraMetrix Prime Balance Bone Maintenance Formula supports normal calcium and mineral retention and promotes normal bone mineral density. The Bonistein in nutraMetrix Prime Balance Bone Maintenance Formula does not contain soy allergens and is an isoflavonoid that has similar activity to the estrogen produced in the body. nutraMetrix Prime Balance Bone Maintenance Formula is designed to help maintain bone density and structure.

Frequently Asked Questions
Who should take nutraMetrix Prime Balance Bone Maintenance Formula?
You should take nutraMetrix Prime Balance Bone Maintenance Formula if you are a postmenopausal woman or an older man who is concerned about bone loss or loss of bone density. It can also be taken by women or older men who currently have a family history of osteoporosis.*

Are there any warnings for nutraMetrix Prime Balance Bone Maintenance Formula?
Yes. People with a confirmed sensitivity to inulin (fructo-oligosaccharides) or chicory root should not take this product. If you are currently taking Tamoxifen (Nolvadex) or estrogen therapy, consult your healthcare provider before using this product. If you have renal failure, cancer or hypothyroidism, you should not use this product. If you are taking any other prescription drugs or have an ongoing medical condition, you should consult your healthcare provider before using this product. Take this supplement separately from prescription drugs. Women who are pregnant or breastfeeding should not use this product.

If I already have been diagnosed with osteoporosis, will nutraMetrix Prime Balance Bone Maintenance Formula help?
You should consult your healthcare provider before taking this product. nutraMetrix Prime Balance Bone Maintenance Formula is intended to help those with osteoporosis and support the maintenance of bones.*

Can I take nutraMetrix Prime Balance Bone Maintenance Formula if I am already taking a calcium supplement?
As always, you should consult your healthcare provider before taking this product.

How do I take nutraMetrix Prime Balance Bone Maintenance Formula?
Mix 1 scoop with 6 fluid ounces of water twice daily, once in the morning and once in the evening.

For additional information on nutraMetrix products, visit your Health Professional’s nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix® Prime™ Factor for Men
Human Growth Factor Formula

Directions for use: Men over the age of 30, take 3 tablets daily, either with Ultra Prime™ or after the first meal of the day. Take for 3 consecutive weeks, skip the fourth week, and repeat.

Warning: For use only by men 30 years of age or older. Do not exceed recommended daily serving. Do not use this product while you are suffering from a cold or flu. If you are under the care of a physician or taking any prescription medication, consult a physician before using this product.

KEEP OUT OF THE REACH OF CHILDREN. Protect from heat, light and moisture. Store at 15-30°C (59-86°F). Do not purchase if safety seal is broken or missing.

Supplement Facts

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<td>Panthenic acid (D-Calcium pantothenate)</td>
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<td>Iodine (from kelp)</td>
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<td>Zinc (zinc carbonate)</td>
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<tr>
<td>Chromium (chromium picolinate glycinate)</td>
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Proprietary Blend: 1,564 mg

Silymarin (from milk thistle seed extract), Ginkgo biloba leaf extract, fisetin root extract, ascorbyl palmitate root extract, astaxanthin root extract, Panax ginseng root, Lycium barbarum polysaccharide complex (Alpha-GPC), Lycium berry extract, Schizandra berry extract, gamma-amino butyric acid (GABA), amylin/glucoamylase/ergosterol, red date fruit extract, DNA (SoyLan/ RNA (Brewer's Yeast), dehydroepiandrosterone (DHEA)).

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value is not established.

Other ingredients: Calcium phosphate, guar gum, microcrystalline cellulose, calcium carbonate, stearic acid, vegetable stearin, citric pectin, magnesium stearate, silica and film coat ingredients (hydroxypropyl cellulose, polyethylene glycol, titanium dioxide, propylene glycol, caramel color, riboflavin).

Contains: Fish (Salmon) A7360601

This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Primary Benefits*
• Promotes normal growth and repair of cells to help maintain youthful function and metabolism
• Supports normal cellular repair and replacement mechanisms
• Powerful amino acids and nutrients combine to help maintain human growth hormone (HGH) levels

What Makes This Product Unique?
In order to maintain a more youthful metabolic rate, nutraMetrix Prime Factor for Men Human Growth Factor Formula provides a blend of vitamins, minerals and herbs that promote the normal growth and repair of cells and support the production of human growth hormone (HGH).

HGH is a naturally occurring peptide hormone. Healthy levels of HGH are important because HGH promotes healthy growth and cell reproduction helping to maintain a youthful vitality and support normal hormone production. This unique formulation provides a powerful set of human growth factors which play an important role in the aging process due to their ability to support metabolism.*

nutraMetrix Prime Factor for Men Human Growth Factor Formula has been designed to support the natural release of hormones that may decline during the aging process to support cell function. Ingredients such as Angelica sinensis, Tribulus terrestris and wild yam extract, which have long been used in China and Europe to help support and balance and optimize male hormonal function, specifically target several key biological areas in men that are vulnerable to age-related changes.*

Frequently Asked Questions
Are there any contraindications for nutraMetrix Prime Factor for Men Human Growth Factor Formula?
This product is for use only by men 30 years of age or older. Do not exceed the recommended daily serving. Do not use this product while you are suffering from a cold or flu. If you are under the care of a healthcare provider or using any prescription drugs, consult your healthcare provider before using this product.

How does nutraMetrix Prime Factor for Men Human Growth Factor Formula work?
nutraMetrix Prime Factor for Men Human Growth Factor Formula delivers a carefully selected blend of vitamins, minerals and herbs to promote a more youthful metabolic rate.*

How do I take nutraMetrix Prime Factor for Men Human Growth Factor Formula?
Men over the age of 30 take three tablets daily, either with nutraMetrix Ultra Prime Secretagogue or after the first meal of the day. Take for three consecutive weeks, skip the fourth week and repeat.

Can nutraMetrix Prime Factor for Men Human Growth Factor Formula be taken by anyone under the age of 18?
It is not recommended that nutraMetrix Prime Factor for Men Human Growth Factor Formula be taken by anyone under the age of 30. Please read the label for further information.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
nutraMetrix Isotonix® Resveratrol

Directions for use: Pour 1 level, white, bottle capful of powder into the overcap. Add water to the line on the overcap (0.6 fl oz/18 mL) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using warfarin (Coumadin®) or any other antiplatelet/antiaggregant drugs, you should not use this product. Women with a history of estrogen-sensitive cancers, such as breast, ovarian or uterine, should consult their healthcare provider before using this product. If you are currently using any other prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Directions for use: Pour 1 level, white, bottle capful of powder into the overcap. Add water to the line on the overcap (0.6 fl oz/18 mL) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using warfarin (Coumadin®) or any other antiplatelet/antiaggregant drugs, you should not use this product. Women with a history of estrogen-sensitive cancers, such as breast, ovarian or uterine, should consult their healthcare provider before using this product. If you are currently using any other prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for and distributed by:
nutraMetrix®, A Division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409
Lot #: Best when used by:

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</tr>
<tr>
<td>Amount Per Serving</td>
<td>% DV*</td>
<td></td>
</tr>
<tr>
<td>Calories</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrates</td>
<td>2 g</td>
<td>&lt; 1</td>
</tr>
<tr>
<td>Sugars</td>
<td>1 g</td>
<td>**</td>
</tr>
<tr>
<td>Magnesium (Carbonate)</td>
<td>16 mg</td>
<td>4</td>
</tr>
<tr>
<td>Potassium (Bicarbonate)</td>
<td>100 mg</td>
<td>3</td>
</tr>
<tr>
<td>BioVin* Advanced (French Red Wine Extract, with 5% Resveratrol)</td>
<td>200 mg</td>
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</tr>
<tr>
<td>VitaBlue® Wild Blueberry</td>
<td>50 mg</td>
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</tr>
<tr>
<td>Extract 150:1</td>
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</tr>
<tr>
<td>Resveratrol* (Trans-Resveratrol and c-Viniferin)</td>
<td>10 mg</td>
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</tbody>
</table>

* Percent Daily Values are based on a 2,000-calorie diet. ** Daily Value (%DV) is not established. Resveratrol® is a registered trademark of BioSera Laboratories S.A. (France); BioVin® Advanced is a registered trademark of Cyvex Nutrition, Inc.; VitaBlue® is a registered trademark of VDF FutureCeuticals, Inc., used under license.

Other Ingredients: Fructose, grape juice powder, citric acid, malic acid, tartaric acid, grape flavor, silicon dioxide, Lo Han (fruit) extract, rebaudioside A (stevia leaf) and maltodextrin.
primary benefits*

- Promotes a healthy prostate gland
- Promotes apoptosis (programmed cell death) of unhealthy prostate cells
- Provides the body with superior antioxidant protection
- Promotes cardiovascular health

what makes this product unique?

Proper prostate function in men is essential to reproductive health and overall quality of life. nutraMetrix Isotonix Resveratrol provides numerous benefits for the entire body; however, it specifically addresses prostatic health. nutraMetrix Isotonix Resveratrol promotes a healthy prostate gland and the programmed cell death of unhealthy cells.

frequently asked questions

Q: nutraMetrix Isotonix Resveratrol contains wine extracts. Is it alcohol free?
A: Yes. nutraMetrix Isotonix Resveratrol is alcohol free; there is no alcohol in this product.

Q: I am currently taking medication to manage my cholesterol. Can I still take nutraMetrix Isotonix Resveratrol?
A: There are no documented interactions with cholesterol medication and any of the ingredients in nutraMetrix Isotonix Resveratrol. However, before taking any natural supplement, you should consult your healthcare provider.

Q: Are there any contraindications for nutraMetrix Isotonix Resveratrol?
A: Yes. If you are currently using warfarin (Coumadin) or other antiplatelet/anticoagulant drugs, you should not use this product. If you are using monoamine oxidase inhibiting (MAOI) drugs, you should not use this product. Women with a history of estrogen-sensitive cancers, such as breast, ovarian and uterine, should consult your healthcare provider. If you are using any other prescription drugs or have an ongoing medical condition, you should consult your healthcare provider before using this product.*

Q: Can I take nutraMetrix Isotonix Resveratrol and still have a glass of wine with dinner?
A: Yes. There is no cause for concern.*

Q: I already take a multivitamin. Why do I need nutraMetrix Isotonix Resveratrol?
A: nutraMetrix Isotonix Resveratrol is not a multivitamin. It is a product designed to promote optimal cell health and provide cardiovascular support.*

Q: If I am an alcoholic, can I still take nutraMetrix Isotonix Resveratrol even though it is from red wine?
A: Yes. nutraMetrix Isotonix Resveratrol does not contain alcohol. Resveratrol is powdered extract from grape skins and vines that are used to make red wine.*

Q: Is this product vegetarian friendly?
A: Yes. nutraMetrix Isotonix Resveratrol is a vegetarian product.

Q: Who should take nutraMetrix Isotonix Resveratrol?
A: Clinical studies have shown that resveratrol extract may be helpful in promoting apoptosis (programmed cell death) in unhealthy cells, supporting normal cell cycle activity, promoting the normal activity of the SIRT-1 gene, thereby supporting overall cellular health. If you are interested in promoting cellular health and maintaining good prostate and cardiovascular health, then nutraMetrix Isotonix Resveratrol is perfect for you.*

Q: Do I need nutraMetrix Isotonix OPC-3® if I take this product?
A: nutraMetrix Isotonix OPC-3 is a superior antioxidant with many health benefits. nutraMetrix Isotonix Resveratrol can be taken with other antioxidants; in fact, antioxidants work in several mechanisms, and they build upon each other. For a complete comprehensive antioxidant defense, taking nutraMetrix Isotonix OPC-3 and nutraMetrix Isotonix Resveratrol is a smart choice for protecting your body from the damaging effects of free radicals.*

For additional information on nutraMetrix® products, visit your Health Professional’s nutraMetrix website.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Ultra PRIME™ Secretagogue works with your body to help naturally stimulate the pituitary gland, resulting in increased human growth hormone (HGH) secretion and release. Increased HGH levels have been associated with health benefits, including increased lean body mass and a wide range of anti-aging effects. Increased HGH has also been shown to help stimulate the immune system and increase sexual vitality.**

**These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions for Use:** Use only as directed. Mix one scoop in 8 to 10 fl. oz. of water. Take 30-40 minutes before bedtime or at least 45 minutes prior to a weight training/aerobic exercise activity. For best results, do not eat 1½ to 2 hours prior to or after use. Take consecutively for six days, skipping the seventh day, and repeat.

**WARNING:** For use only by individuals 30 years of age or older. This product is not intended for pregnant or lactating women. Consult a physician before using this product if you have had liver or kidney disease, uncontrolled diabetes, benign or malignant tumors, or any other medical conditions. Do not use this product if you are allergic to any of the ingredients.

**KEEP OUT OF THE REACH OF CHILDREN.**

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

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**Supplement Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrates</td>
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<td>&lt;1</td>
</tr>
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<td>Dietary Fiber</td>
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<tr>
<td>Protein</td>
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<tr>
<td>Fat (Total acid)</td>
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<td>Magnesium [magnesium citrate]</td>
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<td>L-Arginine Aspartate</td>
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<td>Choline</td>
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<td>L-Leucine</td>
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<td>Proprietary Blend</td>
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</table>

* Percent Daily Values are based on a 2000 calorie diet.

**Other Ingredients:** Citric acid, malic acid, natural flavors, beet juice powder, silica, glucose polymers, acaciate potassium and sucrose.

**Contains:** Milk and salmon.

**Manufactured for and exclusively distributed by:**
Market America, Inc., 1932 Pleasant Ridge Road, Greensboro, NC 27409

REV 1111
nutraMetrix® Ultra Prime™ Secretagogue
HGH Enhancer

Primary Benefits*

- Enhances the production of hormones that diminish during the aging process
- Builds protein to create lean body mass
- Acts as a safe, natural and effective secretagogue “trigger” to wake up the pituitary gland to synthesize HGH
- L-arginine supports several processes in the body, including cell division, normal healing and immune function, and the secretion of important hormones in the body
- Helps increase strength and builds muscle mass
- Helps increase energy
- Supports cardiovascular health
- Helps increase endurance
- Maintains immune health

What Makes This Product Unique?
nutraMetrix Ultra Prime Secretagogue represents the next generation of human growth hormone-producing products that is more advanced, concentrated and cost-effective than previous formulations. It uses a special blend of nutritional ingredients that will naturally increase the production and release of HGH by the pituitary gland. Amino acids such as L-glutamine, L-arginine, L-lysine and Glycine are combined with other nutrients in a precise formulation.*

The latest anti-aging research reveals that hormone production is integral in promoting health as we age. nutraMetrix is leading the anti-aging charge by developing a system of custom health solutions that are scientifically based.*

Research has demonstrated that HGH-secreting cells of the pituitary gland do not die. They maintain their ability to make significant amounts of human growth hormone. As you age, less HGH circulates through the body, because the pituitary gland is not stimulating its production. nutraMetrix Ultra Prime Secretagogue is a natural secretagogue that helps to raise HGH levels in a physiological manner. It gently stimulates the endocrine system to produce and release its own HGH naturally. It works with the body, not against it. In a class by itself, nutraMetrix Ultra Prime Secretagogue is the most unique anti-aging nutraceutical in the marketplace.*

Frequently Asked Questions

What is the role of human growth hormone?
Human growth hormone is the master hormone that drives the growth and development of the body. It causes the liver to produce powerful insulin-like growth factors (IGF), which contribute to the maintenance of lean body mass and the health of the body’s vital organs.

What is an HGH secretagogue?
In this case, the secretagogue is a combination of nutrients that stimulates the pituitary gland to release HGH, raising the level of this valuable hormone.*

Is there any reason that I should not take this product?
nutraMetrix Ultra Prime Secretagogue is designed for individuals 30 years of age and older. This product is not intended for pregnant or breastfeeding women. Consult a physician before using this product if you have had liver or kidney disease, uncontrolled diabetes, benign or malignant tumors, or any other medical conditions. Do not use this product if you are allergic to any of the ingredients.

How do I take nutraMetrix Ultra Prime Secretagogue HGH Enhancer?
Use only as directed. Mix one scoop in 8 to 10 fluid ounces of water. Take 30-60 minutes before bedtime or at least 45 minutes prior to a weight training/aerobic exercise activity. For best results, do not eat 1 ½ to 2 hours prior to or after use. Take consecutively for six days, skipping the seventh day, and repeat.

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